Assessment of Empathy, Impulsivity and Aggressiveness among Juvenile Offenders and Non-offenders: An Indigenous Investigation

*P. K. Saha
** K. Gopalakrishnan,

Juvenile crime is a serious public health problem that exacts a significant financial and emotional toll on society. Adolescents who engage in significant delinquent behaviour are also at high risk of experiencing multiple deleterious outcomes in adulthood, including mental and physical health problems, unemployment, and relationship difficulties. Research suggests that aggressive and risk-taking behaviours are associated with deficits in emotional and cognitive development. Current study, it was hypothesized that physical and verbal aggression would significantly differ among adolescents who are juvenile offenders and others who are non-offenders of same age group and socio-economic status. The cross-sectional study encompasses 20 adolescents (10 offenders and 10 non-offenders/control group). The Buss-Perry Aggression Questionnaire (AQ, translated version) was utilized to identify the significant difference among the heterogeneous groups. Preliminary analyses revealed significant difference in four underlying factors viz. physical aggression, verbal aggression, anger, and hostility. Further, in line with other studies, younger age and male gender were robustly related to physical aggression. The findings in current study indicate the significant difference in physical, verbal, anger and hostility among juvenile offenders as compared to non-offenders on a backdrop of similar age construct, gender and socio-economic status.

KEY WORDS: Juvenile Offenders, Aggression, Physical Aggression, Verbal Aggression, Anger & Hostility.

A Cognitive Behavioural Intervention to the Students Suffering From Depression.

* Sumita Singh

Adolescence in human life is the stage when rapid changes take place. The individuals physical mental, social, moral and spiritual out looks undergo revolutionary changes. Such changes during adolescence are more rapid than during infancy and childhood. Due to these various changes his personality develops new dimensions. Adolescents experience a number of conflicts believes the tendency to depend and ability to be independent reality and fantasy; to follow a not follow the social norms, between empathy and social concern and between idealism and reality. Some of the important problems of adolescents in educational institutions are delinquency, day dreaming, ragging, scholastic backwardness, examination phobia, self pride, inferiority complex , anger, anxiety frustration, stress, depression, addiction to drugs, alcohol & cigarettes, depression and suicide. The purpose of the study is to counsel the student suffering from depression through cognitive behavioral intervention. In the present study, a survey was done to select the students then a total sample of 5 subjects was selected on the bases of level of depression. Initial data was taken and each case was counseled for one month then again data depression test was to see the significance of difference between pre and post test of depression. The t value was computed for each student.
Key words: cognitive behavioral intervention, depression.

Efeect of Age on Orientation Towards Valence

* Vaishali Gautam Hirway

Valence is very important factor in field theory. It is responsible for decide persons behavior. On other hand, age is a major determinant of growth. Many changes in personality comes with aging. In this current study we tried to establish relationship between age and valence. We hypothesized that age would have significant impact on valence orientation. Result showed that age has a significance impact on valence orientation.

;kxkH;kI dk fo|kfFk Z;ka dsekufld LokLF; ij i Hkko

*clr dqkj lkacj
**t l chj dkfJ

orêku ea egkfo|ky;hu fo|kfFk Z;ka ea l ek;kstu] vkRe&iR;;] l g{kk&vl g{kk] ifrLi/kk lekthdj.k vkfn l eL;k,¡;¡mudh ekufld drk dksvfLFkj djusokysie{k dkjd gA ,l h fLFkfr ea ;kxkH;kl efLr'd dks"kkr dj vkRefUnr djrk gSftll ekufld LokLF;aodfl r gkrk gA ,oa thou l Qy o vkuine; gks tkrk gA iLrqr v/;;u ea ;kx djusokysLukrd Lrjh; fo|kfFk Z;ka ,oa ;kx u djusokysfo|kfFk Z;ka dsekufld LFkkLF; ij iMusokysi Hkkokdsfo"ys{k.k eankukadse/; lkFkkd vrj ik;k x;kA vr%Hkkkjrh; n"kuZdh 0;k[;k l gh irhr gksrh gAblfy, ;kx dksfu%l ng ikB÷p;kZdk vx cuk;k tkuk pkfg,A

cLrj l Hkkx dsernkrkvkaeaernku dh vfHk: fp dk l oš{k.k

*,l-ds usrke
**t; flg
***Mh-ih-dj¸

iFkd jkT; fuekZk dsckn NRRkhlx<+fo/kkuHkk dk rhljk pukko nksp.k.ea l ñiUUk gqvkA igyspj.k ea uDbl y iHkkfor vVBkjg fo/kuHkkvka ea rFkk nü jspj.k ea 'ksk cgRrj l hVka ij gqvkA /kj uDbl y iHkkfor {ks=kea gq pukko ea l jl B ifr"kr l vf/kd ernku ntZfd; k x; kA nkuka pj.k.kadsernku dsvk/kkj ij iyjsjkT; ea vkS ru l rgRrj ifr"kr ernku gqvk tksiwoZ dh rqyuk ea vf/kd FkkA jkT; ea ernku dk ifr"kr c<usdsdblegRoiwk Zdkj.k jgsgA

iLrqr v/;;u ea Nrh lx<+dscLrj l Hkkx eaernkrkvka dsernku dsifr vfHk: fp dk l oš{k.k fd; k x;kA ftl eavoyksdu o lk{kkRdkj fof/k ds}kjk l pukvkadksiklr djusdsfy, mRrjnkrkvka l dN lFkuka ij ifrfdz; k ikLr dh xbA ifj.kekadh 0;k[;k ea ;g ik;k x;k fd blckj pukko vk;kx usphuko iwoZ dh Rk${kjh] ernku dsifr mldh ikjn"khZ0;oLFkk] QthZ ernkrkvka ij fu;a=.k] QksVks)r ernkrk l phh o ernkrk iph] vf/kdk"k ernkrk l fp;ka dk ikjjh{k.k.kl chÒ,y-vksdh fu;µDRkk] ernkrk l gk;rk dühnzdh LFkkiuk rFkk viusernkrk tkx: drk dk;Ze dsiHkkoh fdz;kUo;u l ernku fnol dksyksdra dk ioZZcuk fn; k vkSj ernku dsifr cLrj l Hkkx dsernkrkvka dh vfHk#fp ea l dkjkRed : i l of) gksjgh gA

tutkrh; usRo dsfodkl esl gk;d

dkjdka dk ilkko

¼Hkkj ftys ds fo"kkSk l nHkZ es½

*nhokufl g ckfj;k

usRo ,d ekuoh; xqqk gS tks ,d 0;fDr dksml ds l epk; lsiklr gkrk gS jktuhfrd usRo ,d fof"k'V {ks= esiki;k tkrk gS tks l h/ksrksj ij "kklu] l Ÿkk ,oa "kfDr l st/kk gkrk gSA fdllh Hkh l epk; esjktuhfrd usRo dk iksk;k tkuk ml l l Ÿkk ,oa "kklu esaHkkkxhnkj cukrk gSA ftl l epk; esajktuhfrd usRo dk vHkko gS] ogk;ml h ek=k esajktuhfrd vl gHkkkfxrk ik;h tkrh gSA tksml ds fodkl es,d jk/Mk gSA

ilphu dky l sHkkkjr dsdN {ks=ksaes tutkrh; l epk; dk jktuhfrd usRo fo | eku Fkk] vkSj Lora=rk l aak=e esHkkh mUgksausi¡k ;ksxnku fn;k gSA dbZtutkfr vkUnksyu gq;sgSA vktknh dsckn Hkh tutkrh; l epk; viusjktuhfrd usRo dksc<krk jgk gS] yfdu ml dh xfr l rksk tud ugh gSA ml dsusRo dk mruk fodkl ugh gksik;k gSfd bl dk ipwZifrfuf/kRo dj l ds vkSj ;g ,d jktuhfrd l eL;k cu xbZgSA orZku esabudsusRo fodkl dsfy, l gk;d dkjdka dk v/;;u djuk orZeku jktuhfr "kks/kka dh ,d egrh vko";drk gSA ;g v/;;u blh vko";drk dh ifrZ dk iz;kl gSA

Tkutkrh; ekuo Ildk/ku dsfodkl es f"k{k.k IdFkkukdh Hkfedk%IEcfU/kr IkfgR;kodk v/;;u

*fufrdsk ;kno
**/keuhj iVsy

Ekuo Ildk/ku dk fodkl fdlh Hkkh jk'V'dh ixfr esfu.kk;d Hkfedk ;rh gA fdlh jk'V'ds ekuo Ildk/ku rHkh cursgSitc ns"k dsvkfFkkd] Ikekfftd] "kS{kd vkfj jktufrd fodkl es mudh Ifdz; IgHkkfxxrk jgA ,Iseadkb Hkkh fof"k'kV Iexg ;fn ns"k dh ixfr esHkfedk esfuokkg ughadjrh vFkok djuseaI{ke ughgksrh rksns"k dh ;g fLFkfr mI dh ixfr esck/kd gA Hkkjr esae[; /kkjk dstuthou esiexk fodkl dsckotm vkt Hkh tutkrh; {ks=kadsukxfjd ,oa ukxfjdka dk mfpr fodkl vkt Hkh ,d ToyUr IeL;k gA ;g "kkSk i= tutkrh; ekuo Ildk/ku dsfodkl es"k{kd IdLFkkvkadh Hkfedk dk v/;;u djrk gA bI de estutkrh; {ks= es"k{kd fLFkfr] fo|ky;; h f"k{kk rFkk muds thou dh xqkoRrk esIEcU/k] fo|kfFkk;kadh "k{kd miyfC/k es"k{kf.kc /kk;j "k{kd ifdz;k rFkk ikB;de dsiHkko dk v/;;u fd;k x;k gA ;g "kkSk i= ,d xyumd v/;;u gStks IEcfU/kr "kkSk IkfgR;kadsfo"y'k.k ij vk/kkfjr gA

EkF; fclhk tutkrh;] ekuo Ildk/ku fodkl] "k{kd fLFkfr] "k{kd Ifo/kk;; "k{kd ifdz;k rFkk ikB;deA

e/;insk esfodkluhñr fu;kstu ,oaIeUo; dsIUnHZeaftyk ;kstuk Ifefr dh Hkfedk

*f'ko dekj fIg dhokeg

73oa ,oa74oaIfo/kku Iakksku dsi'pkr~xkeh.k ,oaukxjh; Lrj ij LFkkuh; Lo'kklu dh IkFkkvkadksI'kDr dj mlgaIo'kkfud ntkZinku fd;k x;kA bIghadsvk/kkj ij e/;insk jkT; }kjk insk dsvf/kfu;e cuk;sx;s,oabu IkFkkvkadsi;kZr 'kfDr;kalinku dh xbA bI ds i'pkr~Ifo/kku dsvubPNsn 243 tM Mh dsvubikyu esinsk esftyk ;kstuk Ifefr vf/kfu;e cuk dj ykxwfd;k x;k rFkk ftyk Lrj ij ftyk ;kstuk Ifefr;kadk xBu fd;k x;kA bu Ifefr;kadksipk;rk ,oaukxjh; fudk;kadschp leUo; LFkkfir djusrFkk ftysdh ipk;rk rFkk uxj ikfydkvka}kjk r$kj dh xbZ;kstukvkadksIefdr djusrFkk IEiwkZftysdsfy;s fodkl ;kstuk dk ik: i r$kj djusdsfy, i;kZr vf/kdkj fn;sx;sgA iLrqr 'kkSk i= eaftyk ;kstuk Ifefr vf/kfu;e dsiko/kkukadsfoopu dsvk/kkj ij e/;insk esfodkluhñr fu;kstu ,oaIeUo; dsIUnHZeaftyk ;kstuk Ifefr dh Hkfedk dksfoofpr fd;k x;k gA

ßjk"Vh; xkeh.k jkstxkj xkjaVh ;kstuk dk xkeh.k
vudfpr tkfr [ksrgj&etnjika ij itkko

*jkekorkj Ikds

jk"Vh; xkeh.k jkstxkj xkjaVh ;kstuk vf/kfu;e 2005 Isykxwdh xbZgÀ bl vf/kfu;e ds vÙrxh iko/kku fd;k x;k gÀ fd dk;ble ds}kjk xkeh.k fu/ku [ksrgj&etnj ifjokj dsykxka dksjkstxkj miyC/k djkuk gSftl Isosjkstxkj dk I`tu dj Iq<+gks IdÀ 'kks'k grqjjk"Vh; xkeh.k jkstxkj xkjaVh ;kstuk dk xkeh.k vudfpr tkfr [ksrgj&etnjika dh ^vkfFkd ,oa Ikekftd fLFkfr ij itkko^ Kkr djusdsfy;s Iruk ftys dk p;u fd;k x;k gÀ v/;;u dsifj.kkeksIsKkr gkrk gSfd ;kstuk dsrgr jkstxkj djusokysdksjkstxkj feyk A etnjika dsLokfeRo dh Hkhfe ij fl pkbZdh Ikfo/kk miyC/k gbZgÀ mudsiklI ;kf=d ,oarduhdh oLrq fI ykbZ e'khu] Vh-oh- Ikbfdy] i¢kk] dyyj ,oavU; ;kbZxbA oaviusxkp IsgkVJ cktkj] ,oa /kkfeld LFkyksesios'k djrsgÀbu LFkyksij dkbZjkd&Vkd ughajgrkA bl IsLi"V gkrk gSfd budsIkekftd Hksnkkko eadeh vkbZgÀ

tutkfr Iekt dk Ikekftd&vkfFkd v/;;u
¼[kjxkSu ftys dsfo"ksk IanHkZ es½

*ikkk cgkj
**exy Mkoj

tutkfr Iekt ij Iekt"kkL= ,oaIekt dk;Zfo"k; esIe;&Ie; ij egRoiowZv/;;u gkrsjgsgÀ ifjorZu idfr dk fu;e gÀ pfd tutkfr Iekt Hkh idfr dk ,d vax gSvr%blIe Hkh fofHkUUk idkj dsifjorZu gkrsjgrsgÀ uxjhdj.k] vkS[kÍxdj.k] fodkl ;kstukvks,oa tu Ipkj dsIk/kukaubl Iekt eavey pay ifjorZu yk;sgÀ uxjh; Iekpk; IsHkh budk Iidl yxkrkj c<+gÀ ;gh dkj.k gSfd tutkfr Iekt dsIkekftd ,oavkfFkd <kpsesHkh yxkrkj cnyko gksjgsgÀ bu cnyrh gbizifjfLFkfr;kesstutkfr Iekt dk Ikekftd&vkfFkd v/;;u vko";d gSrkfd iklr fu'd'kkdsvk/kkj ij budsfodkl dsfy;scgrj ;kstuk,¡cuk;h tk IdÀ iLrr v/;;u e/;ins'k jkT; ds[kjxkSu ftysdstutkfr Iekt dsIkekftd&vkfFkd v/;;u dsIanHkZesgÀ