

National Seminar & 5th Annual Conference

(HYBRID MODE)

of



PSYCHOLOGICAL FORUM CHHATTISGARH

on

MENTAL HEALTH AND WELL-BEING : A TOOL FOR SUSTAINABLE DEVELOPMENT

Dated : 07-08 July, 2023

Organized by

Department of Psychology & IQAC
S.G.S. Govt. Arts and Commerce Girl's College,
Devendra Nagar Raipur, Chhattisgarh, INDIA



In association with

Department of Psychology
Govt. J. Yoganandam Chhattisgarh College,
Raipur, Chhattisgarh, INDIA



About the Forum

Psychological Forum Chhattisgarh was established with the aims to counter the problems and many more issues related to human being. It is our attempt to share the views through organizing annual meet and conference. Using this opportunity we can make our work plan and may draw the attention of researchers, NGOs, Policy Makers and Educators towards actual problems of society. Hopefully, esteemed scholars serving wellbeing of humanity shall make this journey wider and global through their valuable presence and contribution of ideas.

About the College

Shree Gobindram Shadani Government Arts & commerce Girl's College Devendra Nagar Raipur has been established by Sindh Sewa Mandal (Reg.), Raipur in year 1982. The college has permanent affiliation with Pt. Ravishankar Shukla University, Raipur (C.G.) vide its letter no. 1077, dated 19.11.1991. This college is highly popularized due to its outstanding features. Teaching in all the four faculties i.e., Arts, Commerce, Science and Home Science, is available at graduate level, while at post graduate level facilities of learning are available in Psychology, Economic, Sociology, Hindi Literature, Commerce and Home Science subjects. The college is also university recognized research centre for three subjects - Psychology, Home Science, and Hindi. So far, 54 Ph. D. degrees have been awarded to the scholars under the able guidance of our teachers.

Concept Note

Mental health is a state of mental well-being that enables people to cope with the stresses of life, realize their abilities, learn well and work well, and contribute to their community. It is an integral component of health and well-being that underpins our individual and collective abilities to make decisions, build relationships and shape the world we live in. Mental health is a basic human right. And it is crucial to personal, community and socio-economic development. We need to discuss the issue and should give our best possible contribution to make a mentally healthy and happy society. Therefore, the major objective of this program is to provide opportunity to young researchers to present their views/empirical studies as to facilitate reduction of mental toxins like anger, stress, frustration, depression, anxiety, hopelessness etc. and enhance optimistic qualities like peace, joy, love, compassion, self confidence in life.

Sub Theme for Papers

- * Mental Health and Well-being in Community, Society and Family.
- * Mental Health and Well-being in Religion.
- * Mental Health and Education.
- * Mental Health and Nutrition.
- * Mental Health in Sports and Yoga.
- * Economical Aspect of Mental Health.
- * Mental Health in Workplace.
- * Mental Health in Indian Legal System.
- * Mental Health and its Importance in Management.
- * Mental Health and Well-being in Current Perspective.
- * All other Aspects of Mental Health and Well-being.

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Registration & Participation Details

Kindly submit registration fee for participation and paper presentation as follows-

- * Faculties and Professionals (Non-members of the Forum) - : 800/-
- * Faculties and Professionals (Members of the Forum) - : 400/-
- * Research Scholars - : 500/-
- * Participation without paper presentation : 300/-

Pay to

Psychological Forum Chhattisgarh

A/c No. - 251505000637 IFSC: -ICIC0002515

Contact : Dr. Roli Tiwari in case of problem in payment. **Mob. No.:** 98936 09999

Click this link to fill a short Google Document as Registration Form.

<https://forms.gle/Tv9UFcJ4YE8JgdKt5>

Note- We will share the link of Webinar by Email and Whatsapp.

**Participant can also
pay by using QR code**



Instructions to Paper Writers and Participants

Faculties and scholars are invited to contribute papers on the above themes/ sub themes of the Conference and submit the same to Psychological Forum email pfcgexecutiveboard@gmail.com latest by **30th June 2023**.

The authors should adhere to the following for both abstract and the full-time Paper

Length	:	Abstract 300-500 words
	:	Full Paper 3000-5000 word
Margin	:	2.5cm/1inch
Font	:	English : Times New Roman, 12 point Hindi : Kruti Dev 10, 14 point
Spacing	:	1.5
Title Page	:	Title, Authors (s), Affiliation(s), ContactDetails
Key Words	:	4-5 words

Sources should be clearly cited and papers should not be plagiarized. Plagiarized papers will be disqualified and will not be considered for publication in the Conference Proceedings. Selected papers may be published in a book with an ISBN number after receiving a rigorous peer review. **Three best papers and posters presentation will be selected by the experts panel and will be awarded with certificates.**

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And

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